



Carrie Lynne Frost

February 11, 1972 - May 15, 2026

Carrie Lynne Frost, of Park Hills, MO, entered into rest on Friday, May 15, 2026, at the age of 54 years, 3 months, and 4 days. She was born February 11, 1972, in Carso, CA, a daughter of the late Robert and Katherine (Hight) Frost.

Carrie is survived by a sister, Alana Tripp of Arcadia, MO, a brother, Alan Frost of Luebbering, MO, a niece Jessica Dockins of House Springs, MO, and a host of other loving family members and friends.

Carrie worked for SEMO Behavioral Health and enjoyed helping people every day. She was a loving person who cared deeply for her consumers. She will be missed by all who were blessed to know and love her.

A Memorial Mass will be held at a later date and will be posted when available.

Interment will follow the services in the Arcadia Valley Memorial Park at a later date as well.

Tribute Wall

CK

“*Carrie was a true joy to be around. She was an example of what a true Catholic Christian is meant to be in so many wonderful ways! In the time I knew her at Immaculate Conception, she always had kind words and a radiating smile on her face for whoever she met. Her family and especially her beloved parents were cherished by her. Carrie had a servant’s heart and was eager to lend a helping hand anytime she was able. I am sure her kind and gentle spirit will be missed by many!*

 *Eternal rest grant her O Lord.*   

Connie Kennon - May 22 at 11:53 AM

LK

Carrie was a pleasure to work with and to be her supervisor at one point. She will be greatly missed by her work family at SEMO.

Lisa Kite - May 23 at 09:56 PM